

Community Access Pack



Social Skills

Sports

Parental Supports

Summer Camp

Play

Airports

Sports Inclusion



Maria is the Sports Inclusion Disability Officer employed by Tipperary Sports Partnership, for County Tipperary. She can be contacted for up to date information on available sports inclusion opportunities.

Maria O'Sullivan at 087 1804191 or mosullivan@tipperarysports.ie for information about clubs and sporting activities in your local area that may be suitable for your child.

Website: <https://www.tipperarysports.ie/>

Special Olympics Ireland



Special Olympics is a sports organisation for people with an intellectual disability from the age of 4 years old with no upper age limit. Currently almost 8,000 athletes from across the island of Ireland participate in 15 different sports through Special Olympics. Through Special Olympics Sports, Health and Leadership programmes, athletes learn to be physically, mentally and emotionally fit. They get to learn new skills, increase confidence and most importantly they get to experience the joy of sport and make life-long friendships. Also key to its success is the passion, energy and support of the volunteers, clubs and Special Olympics partners.

Group: People with an intellectual disability from the age of 4 years and upwards.

Referral: Application to join by completing an Athlete Participation form. Medical clearance to participate in sports is also required.

Contact: Sinéad Costello | (021) 4977516 | 085-869 6970

Youth Club for young people with Down syndrome



A youth group run by Youthwork Ireland Tipperary with a programme of social activities in the youth centre as well as in the community such as: baking, dancing, arts and crafts, games, trips to the cinema and excursions (ie. Fota Island).

Group: Young people 10-25 years old

Contact: Lucie Clement | 083-060 7366

Location: Old Court House, Bank St. Templemore, Co. Tipperary

Youth Club for young people with Autism & Dyspraxia



A youth group run by Youth Work Ireland Tipperary with a programme of social activities such as: games, arts and crafts, archery, cinema trips, and outdoor trips (open farm) and activities (Templemore Park).

Group: Young people 10-25 years old

Contact: Dearbhla Hall | 087- 772 7111

Youth Club for young people with Autism



The A Team is a youth group that aims to provide a safe space to nurture self-esteem and promote self-expression, self-regulation, self-discovery and self-awareness. Learn from each other and become more confident advocates for the autistic community. Support the formation of friendships and interest groups through appropriate social events in a fun judgement-free environment.

Group: Young people

Email: theteamnorthtipp@gmail.com

Location: Nenagh, Co. Tipperary



Roscrea Youth Service aims to support young people to fulfil their optimum potential through both one to one work and through the development of needs based programmes in school and community settings.

Group: Young people transitioning to college

Contact: 087-620 0633

Location: Rosemary Street, Roscrea, Co. Tipperary E53 C859

Irish Girl Guides



Irish Girl Guides are a youth-driven, dynamic organisation offering a varied and exciting programme for girls and young women aged 5-30, and opportunities for women of all ages. Members of Irish Girl Guides learn new skills, grow in self-confidence, develop teamwork and leadership skills experience new activities, and build lifelong friendships.

Group: 5-30 years old (different branches specific to age)

Contact: Margaret Corr, Regional Development Officer, Mid-West
087 799 5976

E-mail: mwrdo@irishgirlguides.ie

Location: Cashel, Thurles, and Moyne/Templetuohy



Foróige Youth Clubs provide an opportunity for young people to meet their peers locally in a safe environment and to develop their social skills and confidence through participating in club activities. Foróige Juniors (clubs) are the first stage of an exciting journey in Foróige. Members get to have fun, work together, participate in decision making, develop good relationships with adults, get involved in the community, listen and take turns.

Group: Young people, aged 10 – 18 years in the county

Contact South Tipperary:

Gail O'Sullivan | 086-2316302

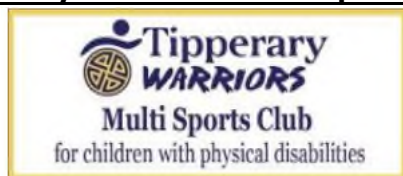
E-mail: gail.osullivan@foroige.ie

Contact North Tipperary:

Bríd Canny | 086-2043599

E-mail: brid.canny@foroige.ie

Tipperary Warriors Multi Sports Club



Tipperary Warriors Multi-Sports Club is a parent and volunteer-led sports club for children with physical disabilities. The club is all inclusive and encourages all the family including siblings to come along to the weekly sessions. It is supported by the Irish Wheelchair Association.

Group: Children with physical disabilities and their siblings

Day: Saturdays, at 11.00 – 12.30 p.m.

Contact: Orla 087-655 0315 | 087-673 2207

Location: Presentation Primary School, Sports Hall, Thurles

Durlas Éile Archers



Durlas Éile Archery is a field archery club that is open to people of all levels of ability.

Contact: 086 1964517

Location: Moycarkey Boris Community Hall, Littleton, Thurles

Day: Friday from 7-9pm

Judo Assist



Judo Assist offers judo programmes specifically designed to encourage physical activity, inclusion, competitiveness and well-being to a wide selection of people with a wide range of abilities and disabilities.

Group: People of all abilities and disabilities including Learning Disabilities, Social Disabilities, Physical and Sensory Disabilities.

Contact: James Mulroy | 086 0612544

Email: info@specialneedsjudo.com

Location: Corravally, Ardcroney, Nenagh, Co. Tipperary



A Lego club is a free initiative that provides children access to play and social opportunities with other children. Lego clubs help children to develop and reinforce play and social skills.

Location: Nenagh, Templemore, Borrisokane, Thurles, Clonmel, Tipperary Town, Cashel

Contact: Your local library or ring Library Headquarters on 0761 06 6100

GAA Healthy Clubs



GAA Healthy Clubs are clubs which are linked with the Healthy Club project and aim to promote the holistic health and wellbeing of their members and their communities. The Healthy Club project seeks to help GAA clubs identify what they are already doing well, identify areas where they can or would like to improve, and empower them to ensure that everyone who engages with their club benefits from the experience in a health-enhancing way, be they players, officers, coaches, parents, supporters, or members of their local community. There are a number of GAA Healthy Clubs in Co. Tipperary

Group: GAA members; local community

Contact: Tipperary Health & Wellbeing Committee, Tipperary GAA Cora Moroney, Chairperson and Séamus Delaney, Secretary

Email: chair.hwc.tipperary@gaa.ie

Email: seamusdelaney2009@gmail.com

Fethard Blues GAA



GAA for Children with Additional Needs – fun, games and ball skills

Group: Children with Additional Needs

Day: Monday evening from 6-7pm

Contact: Eimear Egan on 0873134483; Ann Fleming on 0868963925

Location: Barracks Field, Fethard, Co. Tipperary

Killavilla Utd AFC



Football groups for all children

Day: Sunday Mornings from 11-12pm

Location: Killavilla Utd AFC, Timeighter, Roscrea

Contact: 0879028860



Football groups for all children

Day: Saturday evenings from 5-6pm

Location: Old Birr Road, Nenagh, Co. Tipperary, E45 X750

Contact: 0878224140

Email: info@nenaghafc.ie



A free, fun, and friendly weekly 2k event for juniors (4 to 14 year olds). This is a free event but please **register** before you first come along. Only ever register with parkrun once and don't forget to bring a scannable copy of your barcode. The aim is to have fun. Please come along and join in whatever your pace!

Day: It is held every Sunday at 9:30am.

Location: Burgess GAA Grounds, Kilcolman, Nenagh, Co. Tipperary, E45 YH76.

Email: burgesscountytipperaryjuniors@parkrun.com



Our Konnect Social Skills programme gives children and young people opportunities to explore their own communication, make new friends and learn how to advocate for themselves and to interpret non-autistic language and culture. They also provide the parent or guardian weekly resources to help support the child in Neurodiversity-affirming ways. The programme runs online so you can be a part of this from anywhere in the world.

Group: 5-18 years old which is a paid course that runs for a period of weeks online.

Email: info@konfidentkidz.ie

Phone: 087 2945977



The inclusive athletics programme was set up in Jan 2019 and has gone from strength to strength with participant numbers doubling in that time. All children are welcome to attend this weekly group.

Day: It is held 10-11am every Saturday during term time

Location: Clarisford Park, Killaloe

Contact: Alison 086 0802354, Nicola 086 8986138

Email: info@dergac.ie



The Butterfly Club is a voluntary organisation. The aim is to provide leisure activities in a safe, fun filled environment for children and young adults with special needs, while providing respite for parents/guardians.

Location: Croí na nÓg, Rathkeale Community Childcare, New Line, Rathkeale, Co. Limerick.

Day: Saturday morning from divided into 5 groups. Each group of children attend club once a month.

Contact: 086 2120023

Email: thebutterflyclub@eircom.net

Art Classes



Offering Art classes for children and young adults.

Location: Clogheraily Beg Loughmore, Ireland, E41PW18

Contact: 087 411 4582 | Laura Dunne

Email: thespectrumartstudio@gmail.com



South Tipperary Art Group

The aim is to promote Art in its broadest sense and the love of Art, Craft and Creativity in the Community and to facilitate Art/ Craft courses for young in Clonmel and South Tipperary.

Group: 9-18 years old (Junior and Senior groups)

Location: Art Room, Infant School, SS. Peter and Paul's Primary School, Clonmel

Day: Saturday morning from 10.30 a.m. to 12 noon for a 6 week

Contact: Maureen Purcell, Organiser STAG, 0868096823

Playgrounds



Inclusive Playgrounds

Birdhill Children's Park

In Birdhill you will find a special safe space "The Nook" for children who may be experiencing sensory overload. This woodland park has a fairy theme and a Wishing Chair.

Clonmel Playground

In Clonmel there is a sensory playground designed to be a fun and safe environment to play for children across all spectrums of special needs. There is a wheelchair friendly swing.

Fethard Playground

At Fethard you'll find a "Sensory Musical Garden" aimed at children (and adults) with intellectual and physical disabilities, though all are welcome.

Nenagh Playground

Nenagh Town Park has a wheelchair accessible swing.

Playgrounds nearby

- Borrisokane Playground and Park
- Birr Playground
- Dromineer Playground
- Portumna Playground and Forest Park
- Killaloe Playground and Park
- Templemore Playground and Park plus Fairy Trail
- Thurles Playground
- Loughtagalla Playground and Park
- Glebe Park & Playground in Roscrea
- Cappawhite Playground
- Clare Glens Playground and Park
- Terryglass Playground and Park
- Aglish Playground
- Rathdowney Playground
- Lorrha Playground
- Clonakenny Playground
- Clonmore Playground
- Gortnahoe Playground
- Borrisoleigh Playground
- Templetuohy Playground

Swimming Pools



St Gabriels Hydrotherapy Pool

The pool at St. Gabriel's is maintained at 33°C. Warm water pools help muscles to relax and can assist with pain relief in muscle and joints, helping also with muscle tone problems such as tight or weak muscles. The therapeutic properties of water help to improve balance, coordination, strength and flexibility. Massage jets in the pool can assist in pain relief in chronic/acute conditions such as back pain and arthritis.

Ceiling hoists are provided in the changing rooms and a pool hoist provides access into the pool, enabling the pool to be fully accessible for wheelchair users and individuals with compromised mobility.

Contact: 061 302 733 – extension 4

Email: hydropool@stgabriels.ie

Ballina Swimming Pool (Tipperary County Council)

Public swimming pool open only for the months of July – August

Location: Ballina. Co. Tipperary

Contact: 076 106 5000

Clonmel Swimming Pool (Tipperary County Council)

Location: Mick Delahunty Square, Clonmel. Co. Tipperary E91 YN29

Contact: (052) 612 1972

Leisure Centre, Hotel Minella, Clonmel

Membership required

Location: Corville Road, Clonmel. Co. Tipperary E91 FY97

Contact: (052) 612 2388

Leisure Centre, Park Hotel, Clonmel

Membership required; ticket purchase for multiple dates also available).

Location: Poppyfield, Cahir Road, Clonmel. Co. Tipperary E91 X0N7

Contact: (052) 618 8700

The Horse & Jockey Leisure Centre

Membership required

Location: Kilnoe, Thurles. Co. Tipperary E41 D6R9

Contact: (0504) 44192

Nenagh Leisure Centre (*Tipperary County Council*)

Location: Dublin Rd, Nenagh South, Nenagh, Co. Tipperary E45 P662

Contact: (067) 31788

Trinity Leisure Club & Swimming Pool Great

National Abbey Court Hotel, Nenagh

Membership required

Location: Dublin Road, Nenagh. Co. Tipperary E45 KA99

Contact: (067) 41111

Roscrea Leisure Centre

Location: Old Dublin Road, Roscrea. Co. Tipperary E53 XK80

Contact: (0505) 23822

Thurles Leisure Centre

Location: Cathedral Street, Thurles. Co. Tipperary E41 V6D6

Contact: (0504) 58640

Leisure Centre, Anner Hotel, Thurles

Membership required

Location: Dublin Rd, Thurles, Co. Tipperary, E41 X789

Contact: (0504) 21799

Seán Treacy Memorial Swimming Pool (Tipperary County Council), Tipperary town

Location: Bank Place, Tipperary town. Co. Tipperary E34 E304

Contact: (062) 51806



Dolphin Swimming Club

Dolphin Swimming Club, Clonmel, is a swimming club for children and adults with disabilities that meets every Friday evening in the Leisure Centre, Ferryhouse, Clonmel. The club introduces children to feeling safe in water initially and supports them to learn to swim, if they wish to. It is affiliated to Special Olympics Ireland. It also holds an annual gala with competitions for its club members.

Group: Children and adults with disabilities

Location: Ferryhouse Leisure Centre, Clonmel, Co. Tipperary

Contact: 087-2178149

Horse Riding



Tipperary Equestrian Centre

Tipperary Equestrian Centre provides horse-riding facilities and sessions for children and young people with additional needs.

Contact: Tomás Ryan I 087 799 5585

Email: tippequestriancentre@gmail.com

Location: Mill Road, Thurles, Co. Tipperary

Solohead Equestrian Centre

Solohead Equestrian Centre provides horse-riding training for children, young people and adults with special needs or chronic medical conditions, tailored to ability and the level of engagement.

Contact: 087 1253481

Location: Monard, Solohead, Co. Tipperary

Nenagh Equestrian Centre

Nenagh Equestrian Centre provides horse-riding facilities and sessions for children and young people with additional needs.

Contact: Rory McDonnell I 086 869 8885

Contact: Margaret Murphy 086 898885 I marrichdangan@gmail.com

Location: The Briar, Lahesseragh, Ballintoher, Co. Tipperary

Riding for the Disabled Association of Ireland

Riding for the Disabled Association of Ireland offers recreational and therapeutic horse riding at centres with good wheelchair access and suitable horses and ponies.

Contact: Sinead Carroll 087 648 997 I sinead@carmac.ie

Location: Clonmel RDAI Group and Thurles RDAI Group

Summer Camps



Rubix Summer Camps



Rubix Summer camps offer a week of fun and creative self-expression through word, movement and image for children with ASD and social communication difficulties. Activities include yoga, drama, mindfulness, creative art, music, games and outdoor activity.

Group: Children and young people with high functioning ASD and social communication difficulties.

Contact: 087-9502954 | 086-4029405

Location: Coláiste Dún Áscaigh, Cahir. Co. Tipperary

Whizzkids



Whizzkids Summer Camps are high-tech camps that cover a range of IT subjects such as web design, app development, game making, 3D design, graphic design & animation. Designed for children of all abilities, the summer camps mix indoor and outdoor action, with sports and a host of hi-tech challenges in our “Spy Academy” added into a very varied day.

Group: Children of different levels of ability, aged 8 – 14 years

Contact: (061) 339178

Campuses include:

- University of Limerick -TUS Limerick
- TUS Athlone -TUS Clonmel
- TUS Thurles -TUS Ennis

Nenagh Special Summer Camp



Nenagh Special Summer camps run for 6 weeks they are specifically tailored for children with special needs and offers a week long fun packed camp for local children. Fun packed week consists of a number of varied activities, such as, Swimming, Horse Riding, Arts & Crafts, Zumba Dancing, Adaptive Judo, Yoga, Tibetan Bowls and Music. Plus day trips to Playgrounds, Forest walks, Delta Adventure Park and Pet Farm.

Group:

Different weeks pending on age groups:

- Week 1 Junior 4 – 13 years
- Week 2 Snr week 12- 20 years
- Week 3 Junior 4- 13 years
- Week 4 Snr week 12- 20 years
- Week 5 Junior 4- 13 years
- Week 6 Returning Campers 21 years up

Contact: nenaghspecialsummercamp@gmail.com | Facebook

Derg AC Inclusive Athletics Summer Camp



Derg AC Inclusive Athletics Summer Camp. This camp will take place over 3 days Monday to Wednesday 11th, 12th and 13th July. It is open to children 5-16yrs on the ASD Spectrum and Children with Physical Disability or Impairment. Any child involved in July Provision is welcome to attend.

Please note Siblings are welcome with no charge but will not get Camp Gear provided to participants.

Date: Monday 11th, Tuesday 12th and Wednesday 13th July

Time: 10am to 1pm daily

Cost: €30

Location: Clarisford Park, Killaloe

Contact: nicolawelford01@gmail.com

Techkidz Summer Camps



Techkidz Summer Camps are Multi Activity Technology Camps where children learn and improve their basic computer skills including Word, Saving, the Internet and using the Mouse and Keyboard correctly. They get opportunities to practice their skills designing and making their own Badge, T Shirt, Ruler or Pen Holder. They are introduced to Coding and Programming and also have an opportunity to design and create their own Computer Games. They also learn to create Animations and about Robotics.

Group: Children of different levels of ability, aged 7 – 13 years

Contact: 086 4400 658 | info@techkidz.ie

Location: Nenagh, Thurles, Ballina, Clonmel and Limerick City

Inspireland



Inspireland Boutique Creative Arts Summer Camps bring together some of Ireland's most talented artists to mentor and nurture the creativity of children and teens aged 8 to 18 in what will be one of the most magical and creative experiences of their lives.

No two days are ever the same and students will get the chance to learn the basics of animation and comic art, claymation, steampunk model making, craft bookmaking, mask making, puppetry, print, urban stencils and plaster work.

Group: Children of different levels of ability, aged 8 – 18 years

Contact: 083 3278083 | info@inspireland.ie

Location: Flanagan's Lane, Tipperary Town and Limerick Art College

Website: <https://inspireland.ie/summer-camps/>

Designer Minds Camp



At Designer Minds camps, your children will be introduced to **Art** and **STEAM** (Science, Technology, Engineering, Art & Maths) in a fun and engaging way, using cutting-edge equipment and expertly crafted lesson plans. Prepare your children for a brighter future, as skills in these subjects are becoming more necessary across all disciplines, as we live in a more technological and visual world. The sense of achievement your child will gain through completing the camp's varied activities will help foster confidence in their own abilities and excitement for future possibilities.

Group: Children of different levels of ability, aged 6 – 13 years

Contact: 087 6310411 | designerminds.ie

Location: Nenagh, Thurles, Clonmel, Roscrea and Limerick City

Family Supports





Here you can find high-quality information on positive parenting, based on the latest research and evidence. Read about the Ages & Stages of child development, Local Services, Parenting Programmes and Events in your area.

Website: <https://loveparenting.ie/north-tipperary-parenting-support-guide/>

SupportMe

The Special Needs Parents Association is a national parent-run organisation which provides support and information for families who have children with disabilities and special needs in Ireland regardless of age or diagnosis. By bringing parents together this organisation aspires to give parents a voice by promoting improved treatment, education, welfare and acceptance for our children on a national level and peer support on a local level.

Telephone: 087 0986019 | 087 7741917

Email: info@specialneedsparents.ie

Website: www.specialneedsparents.ie/



ASIAM Is Ireland's National Autism Charity. Working to create a society in which every autistic person is empowered to reach their own personal potential and fully participate in society. Through developing the capacity of the autism community and addressing the societal barriers to inclusion we can make Ireland the world's most autism-friendly country. This began in 2014, as an online platform for the community to access information and share experiences. Today, ASIAM is Ireland's most influential autism charity with a team of 21 staff, half of whom are themselves have a diagnosis of autism.

Website: <https://www.asiam.ie/>



The Asperger Syndrome Association of Ireland (Aspire) provides services and information to guide you and your family through all stages of the journey.

Address: Aspire- The Asperger Syndrome Association of Ireland, Coleraine House, Carmichael Centre, Dublin 7, Ireland.

Helpline officer: 089 465 2026 | info@aspireireland.ie

Website: <https://www.aspireireland.ie/cmsWP>

South Tipperary Autism Network (STAN)



STAN is a local support group run by parents for parents and families of children and adults with Autism Spectrum Disorder (ASD). This group was set up/started in 2015 and they run play/social dates for their children and siblings to give them the opportunity to meet and socialise with other children. They also run monthly parent support meetings and other activities for the children.

Phone: (052) 612 9529

Facebook: <https://m.facebook.com/South-Tipperary-Autism-Support-Group-368478421557/?fref=ts>

Email: info@southtippautism.ie

DESSA | Disability Equality Specialist Support Agency

DESSA is about promoting disability rights in Ireland. The purpose of DESSA is to create a society where everyone with lived experience of disability and their families can participate equally as full citizens. DESSA's core remit entails the delivery of direct training, advocacy and information support services to individuals and families with lived experience of disability and to organisations supporting them.

Tel: 01 416-3548

Email: info@dessa.ie

Website: www.dessa.ie/index.php

Rollercoaster

Rollercoaster.ie is a great website if you are looking for a specific resource or activity. You can post an ad/request on it or read through what has been posted to learn more about what is in the community for your child.

Scope.co.uk

This is a UK based website for resources and information for parents and teachers.

Informing Families

Informing Families Project, National Federation of Voluntary Bodies,
Oranmore Business Park, Oranmore, Galway

Phone: +353 (091) 792316

Email: info@informingfamilies.ie

Website: www.informingfamilies.ie

My Child.ie

This website has useful information and contacts covering pregnancy, childbirth, baby and toddler years. It also includes sections on children's disability services and resources.

Website: <https://www2.hse.ie/my-child/>

Children and Young People's Services Committees



Children and Young People's Services Committees (CYPSC) are a key structure identified by Government to plan and co-ordinate services for children and young people in every county in Ireland. The overall purpose is to improve outcomes for children and young people through local and national interagency working.

Contact: Ruairí Ó Caisleáin 052 617 6687

Mobile: 087 995 3835

Email: ruairi.ocaisleain@tusla.ie

Website: <https://www.cypsc.ie/your-county-cypsc/tipperary.250.html>

Tipperary Libraries

Thurles, Roscrea, Templemore, Tipperary Town, Clonmel, Cashel, Borrisokane and Nenagh Libraries

Local libraries can be a good source of activities and free children's groups for families and children as well as children with special needs.

Tipperary Library and Arts Services run a **Sensory Toy and Resources Collection**. The aim of the collection is to support children and their parents in choosing and utilising these specialist toys for the developmental growth of the children. These toys are designed to support the development of important skills including gross motor skills, fine motor skills, communication skills and visual perception skills. These toys can be loaned out to families for periods of time.

The Tipperary library website often have other general parenting courses under the heading "**CYPSC Parenting Supports Calender**"

Website For Toys: <https://www.tipperaryllibraries.ie/wp-content/uploads/2021/06/Catalogue-High-Res.pdf>

Contact: Your local library or ring Library Headquarters on 0761 06 6100

Airports



Dublin Airport

Travelling through Dublin Airport

Many individuals with autism can find travelling through the airport a very difficult and scary experience. For many individuals it represents a new experience which is difficult to understand and sometimes very frightening. Below are a number of simple strategies that can be employed to help the individual with ASD to understand the process of getting through the airport.

Sensory Room and where is it?

A purpose-built sensory room is available for passengers involved with our special assistance programme and is open 24 hours a day. It is located after security screening in Terminal 2 and just before the 400 boarding gates. It can also be accessed via Terminal 1.

'Important Flyer' wristband/lanyard

Dublin Airport can provide a wristband or lanyard for travelling through Dublin Airport. It can be shown to any Dublin Airport staff member (Customer Care and Security screening for example) if assistance is required at security, passport control or any area where you may encounter queues or crowds. Visuals and further information about travelling through the airport is included on the website

(Although this service refers only to Autism they will provide support to children with high sensory needs or difficulties)

Website: <https://www.dublinairport.com/at-the-airport/passenger-information/special-assistance/autism-asd>

Dublin airport also provide supports for people with reduced mobility

Website: <https://www.dublinairport.com/at-the-airport/passenger-information/special-assistance>

Telephone: + 353 1 8144717 / + 353 1 8144692

Email: customerexperience@daa.ie / prm@daa.ie

Aer Lingus

Aer Lingus have social stories/visuals available on their website for:

- Pre-flight
- Inflight
- Post-flight

Website: <https://www.aerlingus.com/travel-information/travelling-with-children/travelling-with-an-asd-child/#/tab-1-inflight>

Shannon Airport

Travelling through Shannon Airport

At Shannon Airport, they have created an awareness programme for your children with special needs to help them understand the process of getting through the Airport as quickly and as smoothly, by providing baseball caps and wristbands. This way, staff can identify anyone who may need a bit extra guidance and help them on their way.

Sensory Room and where is it?

A purpose-built sensory room is available for passengers involved with our special assistance programme and is open 24 hours a day. It is located just across from the children's play area in Departures Lounge and beside the Aviation Gallery.

Familiarisation Tours

For you or any member of your group, staff can offer pre-arranged tours for anyone who may like to familiarise themselves with the process of travelling through the airport before their flight.

Email: dam@shannonairport.ie.

To make familiarisation easy, a series of videos on the airport experience at Shannon. Watch the full video on their website or find more on specific elements of your journey.

Website: <https://www.shannonairport.ie/passengers/at-the-airport/flying-out/passenger-assistance/autism-special-needs/>

Phone: +353 (0)61 712000

Email Passenger Assistance: askpa@shannonairport.ie

Cork Airport

Sunflower Lanyard

Passengers with hidden disabilities such as autism can now avail of a sunflower lanyard which is instantly recognisable by airport staff. This discreet identification scheme provides those with hidden disabilities the opportunity to avail of additional support from airport staff in a wide variety of areas at Cork Airport.

The sunflower lanyard, available at the OCS (Reduced Mobility Service Provider) desk in the airport terminal, is easily recognisable to staff across a wide number of airports in the UK also. The project is part of an initiative by OCS, a large provider of passenger assistance services worldwide.

OCS provide the above services at Cork Airport and can if needed assist you in your journey throughout the airport. This service helps individuals with disabilities and their families to get through the airport as easily as possible.

Website: <https://www.corkairport.com/at-the-airport/help-support/autism-asd>

Email: hostprm1.ork@ocsireland.com

Phone: +353 21 432 9745.

Suzie Books

A series of children's stories intended to help children cope with new situations found in most families are now available free of charge at the airport's OCS desk